

# LOUISIANA FIT KIDS WEBINAR SERIES

## Understanding Childhood Obesity

***Tuesday, September 14, 2021***

***1:30 pm - 3:30 pm CT***

***Register by clicking [HERE](#).***

***Free and open to the public!***



This series is an initiative of the Louisiana Department of Education and Pennington Biomedical Research Center funded by the USDA. The goal of the series is to help attendees understand the problem of childhood obesity, the most common chronic disease of childhood.

**Christina Economos, PhD**

Friedman School of Nutrition Science and Policy, Tufts Univ.

**Dariush Mozaffarian, MD, DrPH**

Friedman School of Nutrition Science and Policy, Tufts Univ.

**Robert Glenn Weaver, PhD**

Arnold School of Public Health, Univ. of South Carolina

**Moderated by:**

**Rani Gregory Whitfield, MD**

**AKA Tha Hip Hop Doc**

This institution is an equal opportunity provider.

# LOUISIANA FIT KIDS

## Understanding Childhood Obesity Agenda

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**1:30 pm - 3:30 pm CT**

**Audience:** child nutrition personnel, teachers, school administrators, healthcare workers and administrators, social workers, researchers, and other interested individuals

<b>1:30 – 1:40 pm</b>	<b>Welcome and Introduction</b> Rani Gregory Whitfield, MD AKA Tha Hip Hop Doc
<b>1:40 – 2:10 pm</b>	<b>Equipping Communities to Address Childhood Obesity: A Systems Approach</b> Christina Economos, PhD Friedman School of Nutrition Science and Policy, Tufts Univ., Boston, MA
<b>2:10 – 2:40 pm</b>	<b>Trends in Food Sources and Diet Quality in US Children</b> Dariush Mozaffarian, MD, DrPH Friedman School of Nutrition Science and Policy, Tufts Univ., Boston, MA
<b>2:40 – 3:10 pm</b>	<b>Impact of School Breaks on Children's BMI and Related Behaviors</b> Robert Glenn Weaver, PhD Arnold School of Public Health, Univ. of South Carolina
<b>3:10 – 3:30 pm</b>	<b>Panel Discussion</b> Rani Whitfield, Christina Economos, Dariush Mozaffarian, and Robert Glenn Weaver
<b>3:30 pm</b>	<b>Adjourn</b>